

work hard. be kind. make an impression.

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IDO

IMPRESSIONS DANCE COMPANY

IDO

26-27 STUDIO HANDBOOK

Welcome To The Family

730 Tamiami Trail
Port Charlotte, FL 33953

www.impressionsdancecompany.org

Impressions Dance Company

STUDIO HANDBOOK

OUR MISSION

At Impressions Dance Company, our mission is to inspire students of all ages to develop a lifelong love of dance while instilling values of perseverance, teamwork, determination, and self-discipline. Through creative expression and a supportive community, we aim to foster a child's confidence and character, preparing them for success on and off the dance floor.



WHAT ARE YOU PAYING FOR?

- Those moments when they become so tired they feel like quitting but don't.
- The opportunity for them to make life-long friendships.
- The chance to work with amazing instructors that will teach them that dance is not just about movement but that life lessons can be learned as well.
- For my child to learn self-discipline and motivation.
- To learn to take care of themselves physically, mentally, and emotionally.
- So that my child can be in the studio instead of in front of a screen.
- For them to learn to work with others and to be a proud, supportive, kind, and a respectful team member.
- For my child to learn to deal with disappointment, when the score they were hoping for is not earned, or they fell during a move they have practiced a thousand times, but still, they get up and are determined to do their BEST next time.
- For my child to learn to make and accomplish goals.
- For my child to learn that it takes hours and hours of hard work and practice to create a champion, and that success does not happen overnight.

MEET THE INSTRUCTORS



Sarah McBride

Owner
Artistic Director



Ali Gregoire
Dance Instructor



Megan Lebeau
Dance Instructor



Danielle Mullins
Dance Instructor



Elianna Lopez
Dance Instructor



Georgia Sylvester
Dance Instructor



Brandi Rutherford
Dance Instructor



Ireland Low
Dance Instructor



Sadie Reichenbach
Dance Instructor



Sarah McBride began dancing at the age of 5. She was formally trained in jazz, contemporary, acro, tap, hip-hop, ballet, pointe, and circus. She has performed for Disney and the Sailor Circus in addition to competing in dance competitions. Sarah began choreographing a wide variety of genres of dance for children ages 2-18 when she was 15 years old. In 2008, she graduated from University of South Florida in Tampa with a bachelor's degree in elementary education and has years of experience in the public and private school system. She currently teaches all styles of dance and is an award-winning choreographer. Sarah also travels as a dance competition judge to bring inspiration through education to dancers all over the country. Inspiring dancers through education is her passion. Her mission for IDC is to help students recognize their potential and reach it, while building self-confidence and promoting character so they may leave a lasting impression on others.

Alessandra Gregoire-Baker started dancing when she was 8 years old, and soon after started to dance competitively all around the country. Ali is formally trained in jazz, tap, lyrical, contemporary, hip-hop, acrobatics, and ballet. Ali is a graduate of the University of South Florida with a degree in children's mental health. While attending USF, she was a member of Sigma Kappa sorority, and choreographed a number of performances for philanthropic events. She also has years of experience teaching competition dance in all styles. She is very excited to be a part of Impressions Dance Company and can't wait to see what is in store for this season!



Megan Lebeau began taking dance lessons at the age of 5. When she was 9, Megan joined a competitive dance team that traveled throughout the state of Florida. She attended numerous workshops, where she was provided the opportunity to train under many well-known dancers and choreographers. Over the years, Megan studied ballet, jazz, tap, hip hop, lyrical, pointe, acrobatics, circus, and gymnastics. In 2010, she graduated from Warner University with a Bachelor's degree in elementary education and exceptional education. She taught at the elementary level for 5 years, and is now teaching at her alma mater, Charlotte High School. Megan loves working with children, helping them build confidence, and a love for learning. She is looking forward to an amazing season with IDC!



Danielle Mullins began dancing at the age of 3 under the direction of Jim Caisse, and is trained in all dance disciplines including ballet, pointe, lyrical, jazz, tap, hip-hop, and modern. She has performed and competed throughout New England, in Bermuda, at Epcot, and aboard the Norwegian Majesty cruise ship. Danielle is a graduate of Fitchburg State College, where she earned her bachelor's degree in business management, and she also studied at Franklin Pierce University for one year under a theater and performing arts major. She obtained her Dance Teacher Certification through Dance Educators of America's Teacher Certification Program in New York City, and has worked as an assistant director and director of numerous successful dance programs throughout central Massachusetts. Proving her dedication, she continues to keep her skills current by attending various dance classes and workshops. Today, and for the past 18 years, her passion is teaching and sharing the world of dance with others.



Brandi Rutherford brings a wealth of experience and a deep passion for dance and education to Impressions Dance Company. With a Bachelor's degree in Elementary Education and certification as an Exceptional Student Educator, Brandi has dedicated over 20 years to teaching. She currently teaches at Atwater Elementary School, where she has positively impacted countless young minds. Beyond her role in education, Brandi has an impressive background in dance and athletics. She was once a cherished cheerleader for the Miami Dolphins, where she honed her skills in performance and movement. Her experiences as a cheerleader have instilled in her a profound understanding of discipline, teamwork, and the artistry of movement. Brandi is deeply committed to nurturing a love for dance in children of all ages. She seamlessly integrates her classroom experience into her dance instruction at IDC, fostering an environment where young dancers not only learn technique but also grow as individuals. Her approach is characterized by patience, encouragement, and a genuine desire to see each dancer thrive.

Georgia Sylvester grew up in Massachusetts and began dancing at the age of 3 training in Jazz, Tap and Ballet. After relocating to Florida, she continued to dance competitively at her local studio with additional training in Acro, Hip Hop and Lyrical. Georgia earned her Bachelor of Fine Arts Degree in Dance from the University of Minnesota where she had the opportunity to perform, create student productions and train under various artistic directors around the country. She has been teaching, judging and choreographing throughout her years of experience. Georgia is excited to be a part of Impressions Dance Company and is looking forward to helping students grow creatively and reach their full potential in their dance training!



Originally from Florida, Ireland Low began her dance journey at just four years old and has since cultivated a deep passion for the art. With over a decade of competitive experience, she has trained extensively in jazz, tap, hip hop, contemporary, ballet, and more—earning recognition throughout the state as a dedicated and versatile performer. For the past two years, Ireland has been a valued assistant at IDC, working with dancers ages 3 to 15. She thrives on helping students break out of their comfort zones and grow in both confidence and technique. Ireland is thrilled to continue inspiring young dancers in the 2025-2026 season at IDC!



Originally from Saint Charles, Illinois, Elianna relocated to the Venice area and brings with her over 12 years of dedicated dance training and performance experience. A passionate dancer, Elianna trained at Elite Academy of Dance in South Elgin, IL, where she studied a wide range of styles including jazz, lyrical, contemporary, musical theatre, ballet and hip hop. She was also a committed member of the studio's competitive team for seven years, performing at both regional and national levels. Throughout her training, Elianna gained hands-on experience as an apprentice, assistant, and instructor, working with dancers aged 3 to 17. Her leadership and commitment extended into her high school years, where she was a member of both the JV and Varsity dance teams and qualified for the Illinois High School Association State Competition two consecutive years. Elianna continues to make dance a meaningful part of her life by sharing her knowledge, energy, and love with the next generation of dancers.



Sadie Reichenbach is a graduate from Pace University with her BFA in Commercial Dance. She is a dancer, actress, choreographer and aerialist. She grew up in Florida and is now headed to continue her career in California. She was an award winning dancer when she was younger and loves to teach. She teaches all styles and has a passion for the arts. She has choreographed for IDC from the beginning and has won many choreography awards. We are very fortunate to have Sadie work with our students when she is in the area.



Communication

Communication is important to us here at IDC! At times we will send a text message so be sure your email and phone number are current in the portal. It is our promise to respond to all inquires within 48-hours and we will never leave a question unanswered.



Website: www.impressionsdancecompany.org
Email: info.impressionsdancecompany@gmail.com

Email is a great way to get connected! You will receive monthly newsletters and other important communication via email, so make sure you add us to your contacts so messages do not end up in your spam folder. Also, please let us know if you need to update your email on file!

Band App: All families must create a band account. This is the fastest way for us to communicate important information. Please follow the instructions on the next page to download this amazing (and free) app!!



We strive to keep communication open between parents and teachers because it is crucial for the dancer's progress. However, please do not conference with teachers before and after class if it is a lengthy conversation. It is important for them to be able to focus their attention on the students. If you would like to have a conference with a teacher, please let us know and we would be happy to set it up!

Getting Connected on Band

BAND is a communication app allowing users to create group chats, share photos, videos, documents, and plan events. It is free to download and use and has various safety features, such as two-factor authentication and an age requirement. Please follow the instructions to download the band app!



1
2
3
4

Scan this QR Code



Create your profile

Become familiar with the functions of the app

Make sure your notifications are on!

THE DO'S AND DON'T'S OF BAND

PLEASE DO

- Stay connected by keeping your notifications on!
- Refer to the calendar!
- Respond to a post when asked a question.
- Be supportive of one another!

PLEASE DON'T

- Comment on a post when it is indicated to do something else. **For example:** "please do not comment on this thread, respond with a thumbs up if this will work for you"
- Ask a personal question. Please message us directly for questions or comments that only effect your child. Only post for the good of the group!

Registration

Pre-Registration opens April 1, 2025. Registration officially opens June 14, 2026. See us for details!

- 1** Review the Class Descriptions
- 2** Schedule a Free Evaluation with the Artistic Director
- 3** Observe or try the classes you are interested in!
- 4** Give it some time, but if you are really not enjoying a certain dance style we are happy to help you find one that is a better fit!

Checklist



Registration Form

Contains:

Liability Waiver

Media Release

Handbook

Acknowledgment



Pay \$40 Registration Fee and set up Auto-Pay (first dancer, siblings \$25)

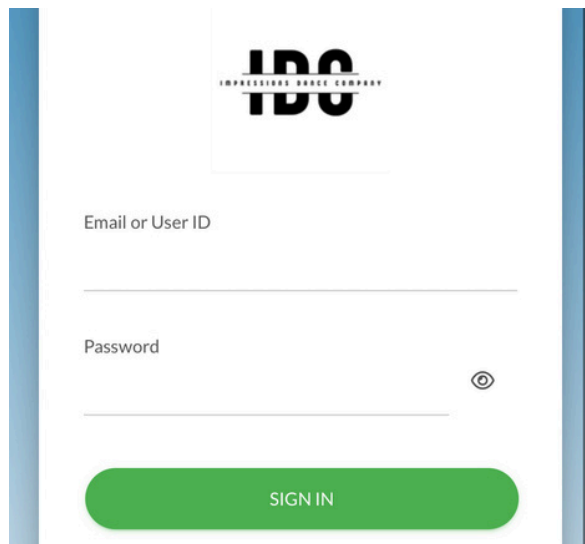


Follow us on social media and become part of the band page for updates!



Get excited for Season Three!

Parent Portal



IBC
IMPRESSORS BARCE COMPANY

Email or User ID

Password

SIGN IN

1 Scan this QR code. Use the email we have on file and create a password. Bookmark this link for future use.



2 Sign in! Here you will see the classes your child is currently taking and register for other classes! You can even update your personal or billing information.

3 **NEED MORE HELP?** Watch this youtube video for additional support!



Calendar

Please be familiar with the studio calendar. Tuition will not be pro-rated, as some months have 4 weeks and others have 5. In the event of cancelled classes due to unforeseeable events, missed classes can be made up by taking a make-up class. Makeup classes are not an option if the studio is planning to be closed (see dates below). If your child misses a class, they are more than welcome to attend a make-up class. Make-up classes will no longer be an option for missed classes after February, as we are preparing for the Recital. See the office staff for details.

Studio Closures

9/7 Labor Day

10/31 Halloween

11/23-11/28 Thanksgiving

12/21-1/3 Winter Break

3/15 - 3/20 Spring Break

Attendance

Your child's attendance in class is not only very important for them, but also for their peers and our teaching staff. In each and every class, instructors are working to instill routine which is essential for their progress. Each class builds upon the previous one so if your child is consistently missing class, they are missing fundamental lessons which will limit their growth. When an instructor goes backwards to review previous content, it limits the other dancers as well. Of course we know that things come up, but please do your best to make sure missing class is not a consistent habit.

If you know ahead of time that your child will be absent due to holidays/vacations, commitments, or school trips, please let us know ahead of time so the class impact is minimal. If your child is unwell and cannot attend class, we ask that you inform our office staff as soon as you can so they can let the teachers know and preparations can be made to catch up on any missed work.

Make-up classes should be taken for any missed classes. Please see office staff to arrange. If your child is consistently missing, we will reach out and suggest a private lesson (for a fee) or make-up class. If you are going on vacation or are sick during the season, please let us know in advance to aid us in scheduling.



Dancer Expectations

1

Be prepared for class!

Bring a water bottle full of water. You are welcome to refill it later on in the night if needed! Be in the proper dance wear and shoes with your hair pulled back!

2

Be respectful!

Please bring everything into your dance room that you will need so that you do not have to cut through the rooms during another class. This is very distracting to the dancers. Also be sure to not wear street shoes in the dance rooms!

3

Be ready to dance!

Please use the bathroom before class if possible. It becomes very difficult when one little one needs the potty and then it quickly becomes a ripple effect. If your child does need the bathroom during class, IDC staff will not help them. Please help your child if they require help.

4

Be kind to one another!

Please know that dancers progress at different stages and we prefer to not use language such as "that is so easy", "who wouldn't be able to do that"...etc. This stunts the growth of others which is the opposite of our philosophy. We want to build each other up as much as possible!

5

Ask questions!

Do not be afraid to seek help on how you can best progress or gain a desired skill. We are here to help with clarifying our teaching and/or suggestions on how to improve. We welcome questions!

Parent Expectations

1

Be on time!

Please select a class time that will work for your schedule so that your child does not miss the first few minutes of class. When they are late they miss the warm up, opportunity to greet their friends and it becomes a distraction to the other dancers.

2

Be mindful!

As IDC continues to grow, unfortunately the lobby does not. It is becoming difficult for families with multiple people to fit in our cozy little space. Please consider only one parent in the building at a time and perhaps popping in and out to give other parents the opportunity to watch their child.

3

Promote Independence!

Please assist us in instilling independence in your child. We ask that you do not enter the dance rooms before, during or after class unless the teacher asks you to. It becomes a distraction to the children when the parents enter the rooms.

4

Be Respectful!

Please be sure to drop your child off and pick them up around their class time. IDC staff is not able to babysit children or their siblings in the lobby outside of their class times.

5

Educate at home!

When activities or homework is sent home from IDC, please encourage your child to practice at home! If we can work together your child will progress much faster! Ask us what else they can do at home to improve! We would be happy to provide suggestions!

Class Procedure

As IDC continues to grow it is essential that you help us follow this procedure to help with traffic flow.

Your child will enter class from the lobby and go to Room 1 or Room 2 (wherever their class is held) when the teachers open the door and directs them to do so.

Be sure you have removed your street shoes and that you have your full water bottle and anything else you will need for class with you! Parents are not to enter the room with their child. However, there are viewing options!

At the 55 minute mark the teachers will begin dismissing their classes from the side doors that feed out to the parking lot. Be sure to be out there and wait for your child.

At that point the teacher will prepare the room and welcome the next class to enter the room.

IDC's

Classroom Management **Plan**

- 1. We will** clearly outline classroom rules and expectations from the start and ensure all students understand them. Consistently enforce rules to avoid confusion and ensure fairness.
- 2. We will** model respectful behavior in all interactions. Use polite language and listen actively as well as acknowledge and reward positive behavior and achievements regularly.
- 3. We will** teach and use proven classroom management techniques such as signaling for attention (we use “5, 6, 7, 8”), establishing routines, and using non-verbal cues. Be assertive without being aggressive. Speak with confidence and clarity.
- 4. We will** learn about their students’ interests, strengths, and challenges. They should be empathetic and understanding towards students’ feelings and situations.
- 5. We will** use engaging and interactive teaching methods to keep students interested and focused. Involve students in decision-making processes when appropriate, giving them a sense of ownership and responsibility.
- 6. We will** find a balance being friendly with maintaining a professional distance to ensure respect and authority are upheld. Be a role model for appropriate behavior and attitude.

It is very important to us that every child has a safe and distraction-free learning environment. If a child is struggling to reach our expectations in class and it is becoming a safety concern to them, the other students and/or IDC staff a verbal warning will be given and the child will be redirected. If redirection happens often and it disturbs the class the child will be asked to exit the room with their parent. We will have a sit down with the parent if this becomes a weekly concern so that we can come up with a plan together!

Co-Teaching

Plan

- 1. We will** plan lessons together, ensuring they are on the same page regarding goals, methods, and activities. Define who will lead different parts of the lesson and how transitions will be managed. Utilize shared teaching materials and resources to ensure consistency.
- 2. We will** develop a consistent approach to behavior management and class rules. Maintain open communication during the class to adapt to students' needs in real-time.
- 3. We will** tailor teaching methods to accommodate various skill levels and learning styles, use interactive and engaging techniques to keep students motivated, and provide immediate and constructive feedback to students.
- 4. We will** show mutual respect and support for each other's teaching styles and methods and engage in ongoing professional development and reflective practice.
- 5. We will** ensure that every student receives individual attention and support and regularly assess and document students' progress to tailor future lessons.

Different approaches to co-teaching:

- **Sample Co-Teaching Models Team Teaching:** Both teachers deliver instruction simultaneously, building on each other's ideas and contributions.
- **Station Teaching:** Divide the class into small groups, with each teacher leading a station focusing on different skills or activities.
- **Parallel Teaching:** Split the class into two groups, with each teacher instructing the same material simultaneously.
- **Alternative Teaching:** One teacher takes a larger group while the other works with a smaller group for specialized instruction.

Code of Conduct

*****These rules and expectations exist to ensure the smooth and safe running of IDC to create an enjoyable experience for all. If you ever have questions or concerns about our Code of Conduct, please reach out and we will be happy to discuss it further.***

FOOD/DRINK

There will be **NO** food or drink (other than water) permitted inside the dance rooms or the den. You are welcome to have food or drinks in the common areas. We just ask that you clean up after yourselves.

RESPECT FOR PROPERTY

Please be sure to remove your street shoes prior to entering the dance rooms. Also, please have a conversation with your littles about not picking paint off of the wall, chewing on equipment or licking the mirrors.

TIME

Please make sure your dancers arrive at least 5 minutes early and are ready to dance. If a dancer is consistently 10 (or more) minutes late, we will need to re-evaluate their class schedule. It becomes very disruptive to the other students, and the instructor. Also, it is very important for them to receive a proper warm up for injury prevention. Please pick your dancer up on time. Teachers have other commitments and their own families, so please be respectful. If a parent is consistently 10 (or more) minutes late, the parents will be charged \$1 per minute. In the case of an emergency or unavoidable delay, please contact the studio immediately to inform us of the situation so we can keep the child calm and safe until they can be collected.

HYGIENE

Just a reminder that as dancers are working hard in large groups, we ask that you make sure you wear deodorant and wash your hands often.

QUESTIONS & COMPLAINTS

Any questions or complaints must go through the office staff. Parents and students are not permitted to contact IDC teachers via phone, in person, or email/social media. Issues must be brought to the attention of the office manager or artistic director first. Personal meetings with the studio owner can happily be arranged through the office.

DISRESPECT

Parents, please do not enter the dance classrooms. You are more than welcome to observe your dancers at the window and/or cameras. If you require a meeting with your child's teacher, we are more than happy to set that up. Before, during, and right after class-time is not a good time to conference with their teacher. We do not allow parents in the classroom because we are trying to instill independence and focus.

Please be sure to maintain positive conversations amongst yourselves. We will not tolerate negative comments to or about others. In the rare case of a parent or student showing disrespect or defamation to any parent, staff member, or student, a meeting will be called immediately and dismissal may be considered at the discretion of the artistic director. Physical, mental, emotional, or cyber bullying by parents, staff, or students will not be tolerated and may result in dismissal from the studio.

PERSONAL PROPERTY

IDC takes no responsibility for any stolen, damaged, or misplaced property on the studio premises and we encourage our families to avoid bringing valuable items into the studio. Items such as apple watches, tablets, laptops... etc. if items are left, please check the lost and found bin. The lost and found bin is emptied at the end of every month. We will post the items to the band app before donating the left items.

PERFORMING/COMPETING ON OWN

Only dancers with permission from instructors should perform or compete choreography provided by IDC staff. Choreography, costuming, and studio policies remain the intellectual property of IDC and may not be reproduced or sold by any students, parents, or staff without permission of the artistic director.

IDC REPRESENTATION

We're thrilled to see the enthusiasm for our studio's merchandise! As you know, our logo and designs are a special part of our identity and community. To maintain the integrity of our brand and ensure consistency in the products we offer, we kindly ask that our logo and designs not be used or replicated for personal merchandise.

If you have any ideas for new products or suggestions, please feel free to share them with us! We appreciate your understanding and support in upholding the uniqueness of our studio.

RESPECT & CONDUCT POLICY

At IDC, we are committed to maintaining a positive, inclusive, and respectful environment for all dancers, families, and staff. Inappropriate, unkind, or disrespectful behavior—whether between students, parents, or directed toward IDC staff—will not be tolerated under any circumstances.

All concerns will be addressed on a case-by-case basis. When appropriate, IDC staff will facilitate a conversation between the involved parties to resolve the matter.

However, IDC reserves the right to dismiss any dancer or family from the studio at its discretion, should behavior be deemed disruptive or harmful to our community.

If a family is dismissed from IDC, all future payments will be canceled. Please note that any payments made for services already rendered—including tuition, costumes, competition fees, and other dance-related expenses—are non-refundable.

To help prevent such situations, we strongly encourage every dancer and parent to carefully review the IDC Studio Handbook. Understanding and upholding the expectations outlined in the handbook is essential to fostering a successful and respectful dance season for all.

The Feelings Wall

Today I Feel...



Outstanding



Great



Good



Ok



Tired



Stressed



Angry



At IDC, we feel it is essential to express our mood so that we can get along well with one another. We use the feelings wall in every class with every age.

This is a very helpful tool when teaching. It helps us understand how the children are feeling when they arrive so that we can adjust our approach when necessary.

This is also a great way for young dancers to practice writing their name!



IMPRESSIONS DANCE COMPANY

2026-2027 SCHEDULE

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ROOM 1

4:00-5:30 Tiny/Mini/Petites

5:30-6:30 Full Company

6:30-8:30 Juniors/Pre-Teens/Teens/Seniors

ROOM 2

4:00-5:30 Company Technique

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ROOM 1

4:00 3-5 Combo

5:00 Acro I/II

6:00 Acro III

7:00 Jazz II

ROOM 2

4:00 Ballet II (ages 6-10)

5:00 Jazz III

6:00 Technique (ages 8-12)

7:00 Ballet III

8:00 Pre-Pointe

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ROOM 1

4:00 Jazz Jr.

5:00 3-5 Combo

6:00 3-5 Combo

7:00 Handstands

ROOM 2

4:00 Ballet I (ages 6-10)

5:00 Hip Hop IV

6:00 Lyrical III

7:00 Ballet IV

8:00 Pointe

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ROOM 1

4:00 3-5 Combo

5:00 Pom Jr.

6:00 3-5 Combo

7:00 Acro II

ROOM 2

4:00 Lyrical Jr.

5:00 Tap II

6:00 Hip Hop III

7:00 Pom II

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ROOM 1

4:00 Acro Jr.

5:00 Acro I

6:00 Pom I

7:00 Tap I

ROOM 2

4:00 Lyrical I

5:00 Hip Hop Jr.

6:00 Ballet I/II (mixed ages)

7:00 Lyrical II

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ROOM 1

9:00 Acro I/II

10:00 Jazz I

11:00 Hip Hop I

ROOM 2

9:00 Musical Theatre

10:00 Hip Hop II

11:00 Ballet II (ages 11+)

2026-2027 Tuition/Account

\$40 Registration Fee (\$25 for additional siblings)

Monthly Tuition

1 hour/week	\$65/month
2 hours/week	\$125/month
3 hours/week	\$175/month
4 hours/week	\$225/month
5 hours/week	\$275/month
6 hours/week	\$325/month
7 hours/week	\$350/month
Unlimited Classes	\$375/month

If dancer takes .5 of an hour it will fall between the two

Tuition is by dancer, not by family. Families do however receive a 20% off discount for each additional sibling.

Private Lessons

upon request

Solo (1 hour): \$65

Duet (1 hour): \$40 per dancer

Trio (1 hour): \$25 per dancer

Solo (30 min): \$40

Duet (30 min): \$25 per dancer

Trio (30 min): \$15 per dancer

Account Notes

Accounts run on the 1st of the month. All accounts must have banking or credit card information on file for them to stay active. If you would rather pay by cash or check, be sure to do so before the 1st of the month. If a payment is declined, you will be notified. If tuition is not paid by the 10th of the month, a \$15 late fee will be added. On the 11th day, the child will not be able to attend class until the account is paid. If you need to drop a class, please notify us (in email or by seeing the office staff) BEFORE the 1st. Tuition will remain the same each month regardless of how many weeks are in the month. Refunds will not be issued for missed classes due to cancellation or public holiday. Where possible, we will arrange make-up lessons for classes cancelled by IDC or we will offer alternative classes.

IMPRESSIONS DANCE COMPANY

CLASS DESCRIPTIONS

If you have questions about your child's level, please reach out and we would be happy to steer you in the right direction. It is essential that dancers are placed in the appropriate level, as all of our classes follow a certain curriculum and progression. A dancer may spend a few seasons in the same level, while another dancer may not. It completely depends on the individual dancer's growth and what we feel is best for them to progress appropriately!

3-5 Combo

- Ages 3-5
- Must be potty trained
- Dancers learn to listen and follow directions as well as learning dance basics, such as rhythm and coordination. The ultimate goal of the children's combo class is to give children a good foundation of dance and teach them to love moving their bodies!

Ballet

- Ballet is the foundation for every other form of dance. Ballet instruction teaches posture, flexibility, strength, grace and discipline. IDC has classes for all ages and abilities, including those interested in progressing to pointe.
- Ballet I: ages 6-9 with little to no experience
- Ballet II: ages 8-12 with experience in Ballet
- Ballet III: ages 10-13 with years of experience in Ballet
- Ballet IV: ages 13+ for the advanced Ballet dancer
- Pointe: Available to Ballet IV students that are ready to be on pointe

Jazz

- Jazz dance combines the strength and grace of classical ballet with the grounded, expressive qualities of modern dance. Known for its energy, rhythm, and style, jazz is a dynamic and versatile dance form that challenges dancers to move with precision, power, and personality. Classes focus on proper technique, flexibility, musicality, and performance quality through across-the-floor progressions, center combinations, and choreography. Jazz is often paired with ballet to build a strong technical foundation and enhance overall dance training. It's an exciting, upbeat class that inspires confidence and creativity in every dancer!
- Jazz Junior: ages 5-7
- Jazz I: ages 8-12 with little to no experience
- Jazz II: ages 8-12 with experience in Jazz
- Jazz III: ages 10-13 with years of experience in Jazz
- Jazz IV: ages 13+ for the advanced Jazz dancer

Pom

- This high-energy class combines technical jazz dance with the sharp, precise movements of pom. Dancers will work on jazz technique—kicks, jumps, turns, and more—while incorporating pom poms for a fun, team-style performance vibe. Perfect for dancers who love to move with power, precision, and pep, Pom Jazz is great preparation for future dance team opportunities or just a fantastic way to build confidence and style!
- Pom Junior: ages 5-7
- Pom I: ages 8-11 with at least one year experience in Jazz

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CLASS DESCRIPTIONS

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Hip Hop

- Hip Hop is a style of street dancing that includes gliding, popping, locking and breaking. This popular style of dance allows dancers to let loose and express themselves through movement and music. This is a great class for children with a lot of energy and love to be in the spotlight and show off their moves!
- Hip Hop Junior: ages 5-8
- Hip Hop I: ages 9-12 with little to no experience
- Hip Hop II: ages 9-12 with experience in Hip Hop
- Hip Hop III: ages 10-13 with years of experience in Hip Hop
- Hip Hop IV: ages 13+ for the advanced Hip Hop dancer

Tap

- Tap is one of the best forms of dance to instill musicality, rhythm, and coordination. In tap, dancers wear shoes with metal toe and heel taps that make sound when hitting on the floor. Tap is a great class for beginner through advanced dancers as there is a wide range of skills to learn.
- Tap Junior: ages 5-8
- Tap I: ages 9-12 with little to no experience
- Tap II: ages 9-12 with tap experience

Lyrical

- This class is for dancers looking to express themselves through creative expression. A combination of ballet and jazz movement, lyrical dance takes movement inspiration from music and its lyrics. Dancers can easily relate to the emotional content of this dance style and there is plenty of room for self-expression.
- Lyrical Junior: ages 5-8
- Lyrical I: ages 6-9 with little to no experience
- Lyrical II: ages 9-12 with Lyrical experience
- Lyrical III: ages 12+ for the advanced Lyrical dancer

Musical Theatre

- This class is perfect for dancers who love to perform with personality and flair. Musical Theatre combines jazz technique with acting skills and storytelling through movement. Dancers will learn choreography inspired by popular Broadway shows while exploring character work, facial expressions, and stage presence.
- Ages 6-12 with at least one year of dance experience

Acro

- Acro is a style of dance that combines dance technique with acrobatics. Acro skills are practiced in isolation so they can be integrated into choreography. Acro skills include strength, balance, flexibility, and tumbling. IDC is proud to be a member of Acrobatic Arts. Our acro curriculum is quite extensive but below are a few examples of skills you will find at each level)
- Acro Jr: ages 5-9 (plank, pin stand, straddle, forward roll, toes to head)
- Acro I: ages 6-10 (Acro Jr skills plus backbends, push ups, cartwheel, roundoff, handstand, back roll)
- Acro II: ages 8-12 (Acro I skills plus handstand roll, limbers, backbend kickover, walkovers, headstand, elbow stand, leg extensions)
- Acro III: ages 9+ (all level skills plus handsprings, aerials, headspring, walkover variations, tucks, front aerials)

COMPETITIVE STUDENTS ONLY

All Monday classes will only be available for dancers invited to company after auditions. Auditions are June 6th.

Dress Code

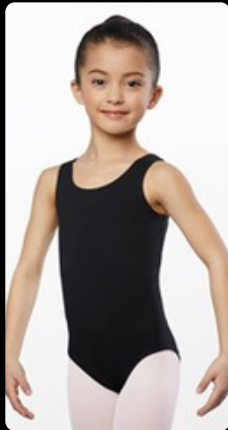
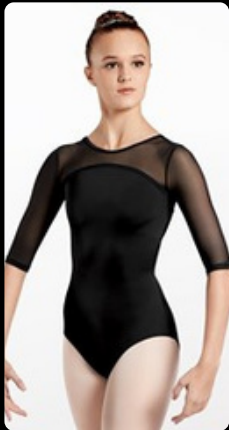
Dancewear can be purchased in our office. You are also welcome to purchase dancewear from wherever you would like as long as it fits the dress code for that class. Many classes require form-fitting clothing. This is because it is very important for the instructor to be able to see their body positioning to guide them to the correct positioning.

Your dancer can be fitted for **shoes** here at the studio and if we do not have their size, we will order it for you. We do use specific colors and brands for recital and competition. If your child has similar shoes they would like to wear to class that is perfectly fine. Just be aware that for performances they will need specific shoes. We will be sure to let you know when it is time to purchase the performance shoes.

Hair must be pulled back and out of face for all classes. Hair must be in a bun for ballet.

Ballet

Black leotard, pink tights, hair in a bun and ballet shoes required!

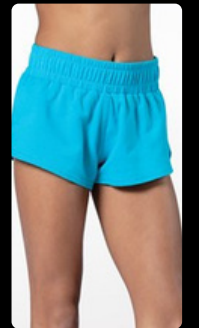
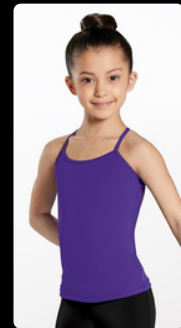


Hip Hop

Black high-top converse should be placed in a dance bag and only worn to hip hop class!!!!



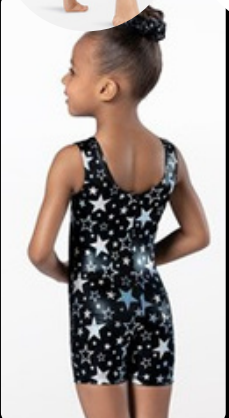
NEW this year!!!
We would like the dancers to get used to the feel of these shoes AND have shoes that are dedicated strictly to this class and not worn outside!



Acro, Lyrical, Jazz, Tap, Musical Theatre



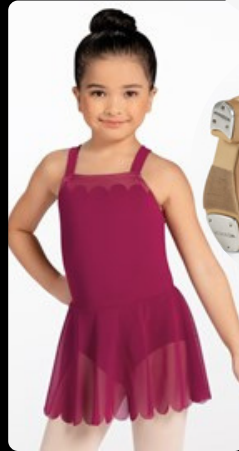
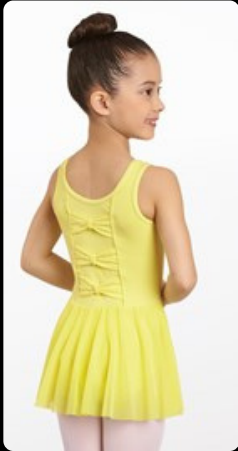
Any combination (and color) of leotard, crop top, form-fitting tank, leggings, shorts, or sports bra. Tights are optional.



Dress Code

3-5 Combo

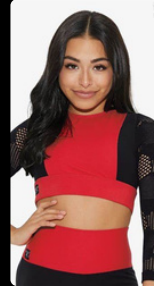
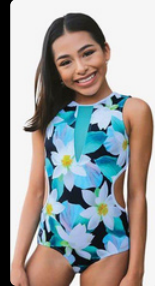
Pink ballet shoes, Tan tap shoes
(No laces on ballet or tap shoes),
any form-fitting dancewear!
Tights are optional



Pom

Any form fitting dancewear. Tan jazz shoes and
POMS are required for class and performances!
Poms must be purchased from the studio.

POMS are \$35+tax



WE STRONGLY RECOMMEND A DANCE BAG WITH THEIR NAME ON IT AND WILL HAVE SOME AVAILABLE FOR PURCHASE AT THE START OF THE SEASON!



Safety

With the safety of our families being at the fore-front of our priorities, IDC is very serious about upholding Child Protection Laws and policies. This is a priority within the studio as well as at public performances and in the online arena.

Images & Videos



As part of your registration, you will have read and signed a media waiver allowing us to proudly use images and video footage of your student for advertising and promotional purposes. Should you have any concerns with signing this declaration, please see the office staff who will gladly assist you. Please do not take pictures or videos of other people's children without that parents permission.

Lost & Stolen Items



IDC takes no responsibility for lost, damaged, or stolen items. We encourage our families to avoid bringing valuable items into the studio where possible.

Liability & Insurance



You will find within our enrollment paperwork a public liability/insurance statement. Please read this document carefully and sign it prior to the commencement of classes so you fully understand the rights and responsibilities of your family and our studio.

Music & Costumes

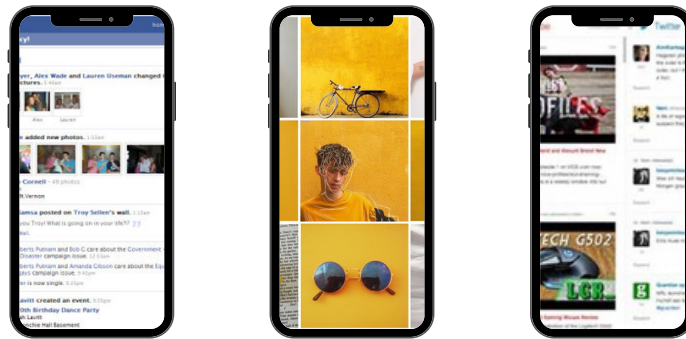


The IDC staff is fully committed to ensuring the children in all of our dance routines are not subjected to any inappropriate songs or costuming. However, we recognize that opinions on appropriateness are subjective. We are open and willing to have conversations to ensure everyone is comfortable. If you have specific concerns, please approach us early in the season because once a costume or song is selected, it cannot be changed.

Please do not have your children alone in the parking lot or in the back of the building. They should be with an adult when outside. Please plan to only use Unit A door. B and C doors will remain locked unless the teacher supervises dismissal. Be sure to be outside on time to collect your child from the side doors.

Social Media

IDC's social media policy refers to all social networking sites, video/photo sharing sites, micro-blogs, podcasts, forums, instant messaging and geo-spatial tagging (for example: Facebook check-ins). Please see below for our regulations regarding Social Media and feel free to reach out if you have any questions.



- Please remain mindful that your behavior on Social Media remains in keeping with IDC's code of conduct as outlined in this handbook.
- Any comments or posts perceived to be obscene, defamatory, threatening, harassing, discriminatory or hateful towards IDC staff, students, or families, disciplinary action may be necessary.
- Should you choose to engage on Social Media while identifying as a studio volunteer or employee, you may only do so with integrity, respect, and adhere to privacy and confidentiality.
- All matters pertaining directly to the studio- whether it be fees, scheduling, placements, or performance opportunities may not be communicated via Social Media. We have an open door policy and encourage all communication, complaints, and feedback to be communicated to the Artistic Director directly.
- You may not post photos or videos of other IDC dancers (that are not your own) without their parent's permission.

Recital Pacing Guide

NOVEMBER

RECITAL COSTUMES ARE REVEALED! EACH COSTUME WILL VARY IN PRICE RANGING FROM \$75-\$125 NOT INCLUDING THEIR TIGHTS AND SHOES. ALL CLASSES WILL EACH HAVE ONE DANCE, BUT COMBO CLASSES WILL HAVE TWO. THEIR COSTUME WILL BE A 2-IN-1 COSTUME WHICH MEANS YOU ONLY PURCHASE ONE AND SOME PIECES OF IT WILL CHANGE. COSTUME DEPOSITS ARE DUE THIS MONTH. \$40 PER COSTUME.

JANUARY

COSTUME BALANCES ARE DUE THIS MONTH. IN CLASS WE ARE WORKING TO PREPARE FOR THE SHOW! MOVEMENT BETWEEN CLASSES IS NO LONGER AN OPTION AND ATTENDANCE IS CRUCIAL! COSTUMES WILL START TO GET ORDERED.

FEBRUARY

DADDY DAUGHTER DANCE PARTICIPATION INTEREST SURVEY WILL BE AVAILABLE! SEE US FOR MORE DETAILS AT THIS TIME! NOW IS A GOOD TIME TO BE SURE THEY HAVE THE SHOES THEY NEED FOR RECITAL (IF NOT ALREADY) SO THEY CAN HAVE A CHANCE TO BREAK THEM IN AND PRACTICE IN THEM! ALSO, START THINKING ABOUT RECITAL YEARBOOK ADVERTISING! RECITAL PACKAGES WILL GO ON SALE. PURCHASE IS REQUIRED FOR RECITAL PARTICIPATION!

MARCH/APRIL

COSTUMES WILL START TO ARRIVE AND WE WILL TRY THEM ON IN CLASS, THEN ORGANIZE THEM BY CHILD SO THEY CAN RECEIVE THEM ALL AT ONCE AND SIGN FOR THEM. CHOREOGRAPHY IS WRAPPING UP AND WE BEGIN THE CLEANING PROCESS. WE WILL BE SHARING OUR DANCES WITH THE OTHER CLASSES (AT THEIR SAME CLASS TIME) TO PREPARE FOR THE SHOW! WE WILL HAVE A WEEK OF PHOTOS IN THE SPRING AS WELL (DURING THEIR CLASS TIMES) PURCHASING PHOTOS IS NOT REQUIRED BUT WE WOULD LIKE ALL DANCERS IN THE PHOTOS, AS WE TAKE GROUP PHOTOS AS WELL! TICKETS RANGING IN PRICE FROM \$25-50 WILL GO ON SALE!

MAY

SHOW MONTH!!!! ATTENDANCE IN CLASS IS EXTREMELY IMPORTANT!
DADDY DAUGHTER REHEARSALS WILL TAKE PLACE THIS MONTH ON THE WEEKENDS FOR THOSE PARTICIPATING.

Contact Us

730 Tamiami Trail
Port Charlotte, FL 33953

941-800-7274
(call or text)

info.impressionsdancecompany@gmail.com (Artistic Director)



Office Hours

**Monday-Friday
4-7pm**

Find Us Online!

impressionsdancecompany.org





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